

CURRICULUM VITAE

NAME Dr. MVR. RAJU, Ph.D.
DESIGNATION: Senior Professor and Head
Dept. of Psychology
Principal and Faculty Chairman
College of Science and Technology
Director, Centre for Psychological
Assessment and Counseling
Academic Senate Member.



ADDRESS: Department of Psychology, Andhra
University.
Visakhapatnam – 530 003. Andhra Pradesh. INDIA.
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NATIVE PLACE: S/o M. VenkataSubbiah,
Ex-service Man (Served 2nd World War),
Srungara Peta, Perala,
Chirala, Prakasam District,
Andhra Pradesh

QUALIFICATIONS :

- Ph.D. "Organizational Level and Role Stress", Andhra University.
- M.A: Psychology, Andhra University.
- Postgraduate Certificate course in Psychological Counseling, Vellore, Chennai.
- B.A: Psychology, Andhra University

ACADEMIC EXPERIENCE

- Post Graduate Teaching and Research experience: 35 years
- Post Graduate teaching experience MD (Psychiatry): 02 years
- B.Sc. Nursing Teaching experience: 19 Years
- BPT (Physiotherapy): 02 years

AREA OF SPECIALISATION

Stress, Health, Special Children and Counseling.

AWARDS:17

- **Fellow award, InSPA – 2024**
- **Prof. K V Kaliappan Memorial Award 2020**, for the Best Research Extension Work, IAAP, 2020.
- **Prof. SC Sharma Memorial Best Researcher Award 2018.**
- **Best School Trainer Award InSPA – 2017.**
- **Best Research Award-2016**, National Institute of Technical Teachers Training Research (NITTR), IAAP conference at University of Rajasthan, Jaipur-2017.
- **The Platinum Jubilee Lecture Award (in Cash)**, Indian Science Congress, Ministry of Science and Technology, Mysore-2016.
- **President's Gold Medal Award**, Indian Psychological Association-2015
- **Life Time Achievement Award**, for the “Teaching, Research, Guidance and Counselling in Psychology”, Surya's Educational & Welfare Society, Vizianagaram-2014
- **Sigmund Freud Memorial Best Psychologist Award**, Sri Ramakrishna Seva Samithi and Alliance International, Vizianagaram-2014
- **Prof. ANIMA SEN IAAP MEMORIAL AWARD**, for the “Innovative Contribution and Research Work” IAAP-2012
- **The State Best Teacher Award (Professor)** Andhra Pradesh 2009
- **The Best Out Standing Contribution in Psychology**, Andhra Pradesh Counseling Psychologists Association, Hyderabad 2009
- **Best Book Award “Behavioral Problems among School Children”** The Governing Council of the Pondicherry Psychology Association, Puducherry-2008
- **Psycho Metric Services Award– 2007** at the 10th National Conference Indian Applied Psychology, Pondicherry for outstanding contribution to Human Resource Development-2008
- **Dr. Sarvepalli Radhakrishnan Award for the Best Academician of the Year**, Andhra University 2007.
- **Best Researcher Award**, Andhra Pradesh, 2006.
- **Best Citizen of India Award**, the International Publishing House, New Delhi-2006

- **“Vijay Shree Award”** 24th June 2005 in Bangalore India International Friendship Society, Registered Societies Registration Act XXI of 1980 No.5/28/47 of 1995, New Delhi.

RECOGNITION

- Chairperson, NAAC Peer Team Visit, 2023.
- General Body member of Babu Jagjivan Ram Foundation, 2024.
- The Andhra Pradesh Honorable High Court of Judicature appointed as Expert Psychologist for D.V. George (2008).
- UPSC Advisor and Confidential 2001-to-Date.
- UGC NET Paper Setter, 2009 to Date.
- ICSSR Confidential 2014 to Date
- Andhra Pradesh Public Service Commission (APPSC) Confidential 2004-06.
- OPSC Orissa Public Service Commission Confidential, 2006-2008
- Staff Selection Commission (SSC) Confidential, 2001
- Academic Committee Member, Board of Intermediate Education, Hyderabad. Andhra Pradesh from 2003 onwards.
- UGC NET Paper Confidential 2007 to date
- Family Counseling Sub-Committee Member in Family Counseling Center, Priyadarshini Service Organization, a non-profit Reg. voluntary organization, Visakhapatnam. (Funded by Ministry of Women and Child Welfare, Govt. of India, New Delhi). 1998.

ACADEMIC PROFESSIONAL BODIES:

- **President**, Indian Academy of Applied Psychology, India, February 2021 to date.
- **Vice President**, Indian Academy of Applied Psychology, India, and February 2013 to February 2021.
- **Regional President**, Indian School Psychology Association, Puducherry.
- **General Secretary**, Indian Health Psychology Association Bhubaneswar. 2004
- **Academic Committee Member** in National Institute of Public Cooperation and Child Development, New Delhi. (1997-98 and 1998-99)

- **Member**, District Monitoring Committee for Private Television Channels 2008-2009. Visakhapatnam
- **Member**, Association of Reproductive Health Professionals, (ARHP) Washington DC, USA.2005 to date
- **Member**, International Association of Special Education (IASE) Texas, USA. 2008 to date
- Academy of Psychologists, **Life Member**, Tirupathi, Andhra Pradesh 1998 to date
- National Academy of Psychology, **Life Member**, New Delhi. 2001 to date
- Association of British Scholars, Visakhapatnam Chapter, Andhra Pradesh 1995 to date.

MEMBER- EDITORIAL BOARDS OF REFEREED JOURNALS:

International Journals:

- Scientific Advisor, Editor “European Journal of Intellectual Disability Switzerland, Geneva.2008 to date.
- Editor, Preston Journal of Social Sciences, Pakistan, 2008
- Editorial Advisor, the International Journal of Indian Psychology 2010 to date.
- Editor, International Journal of Psychosocial Research, Tirupati, 2013 date.

National Journals:

- Member, Editorial Board, Journal of Indian Psychology, Andhra University, Visakhapatnam, 2014 to date.
- Editor, Indian Journal of Developmental Disabilities. New Delhi 2012 to date.
- Consulting Editor, Journal of Psychological Researches, and Madras 2008 to date.
- Consulting Editor, Indian Journal of Applied Psychology. Pondicherry 1995 to date.
- Consulting Editor, Indian Journal of Health Psychology, New Delhi, 2005

- Editorial Advisory Board, Recent Advances in Psychology. An International Journal, Department of Psychology, Banaras Hindu University, Varanasi 2016 to date.

FOREIGN VISITS:

- **Speaker**, The Asia Pacific School Psychology Association (APSPA), In collaboration with the National Institute of Education, Colombo, Sri Lanka conducted a two-day conference on Mental Health and well-being among School Children on 11-12 February 2020.
- **Speaker**, 5-Day Workshop on Mental Health in Effective Social Work and Peace Building to be held on July 1st – 8th, 2019 at International Institute of Peace and Development Studies (IIPDS), Soi-51, Suwinthowong Road, Nong Chok, **Bangkok-10530**. This Program is co-hosted by Asian resource Foundation and IIPDS.
- **Speaker and Chair**, the role of yoga and meditation in controlling behavioral problems among mild mentally challenged children, international conference on school psychology, Kuala Lumpur, **Malaysia** 10-12 January 2019.
- **Speaker**, Effectiveness of Yoga Therapy as Intervention for Mild mentally Challenged Children, “Addressing the exceptional needs of the whole child and young Adult; embracing the future; International Association of Special Education 15th Biennial Conference, June 25-29, 2017, Perth, **Australia**.
- Presented a paper on health, social and Economic collates on the Role stress of CISF personnel in Andhra Pradesh, International Conference on Education and Psychology, University Malaysia Sabah 22nd to 23rd Sept 2016, **Malaysia**.
- **Invited speaker**, international congress: East /West orientations in the handicap, Department of Psychiatry, University Hospitals of Geneva (HUG), **Switzerland, Geneva**, 13th May 2011 sponsored by Geneva.
- International Association of Special Education, 11th Biennial Conference **Alicante, Spain**- July 12-16, 2009
- **Speaker** in the **Scientific Session International Conference on Making a Difference in the Life of School Children** from 2nd -3rd May 2009 Department of Psychology, University of Dhaka, **Bangladesh**, sponsored by **Bangladesh**.
- **Visiting Faculty**, Japan Advanced Institute of Science and Technology, Tokyo **JAPAN**. January 18-27th, 2009 sponsored by Japan.
- A Seminar on Social Politics, Social Work and Special Education in India” University of Kassel, Fachbereich Sozialwesen, D – 34109 Kassel, From 3rd June – 10th June 2005. **Germany**

- “Seminar on Advanced Leadership Skills”, YWCA, from 10th May to 7th June 2002. **Singapore. SPONSORED BY HAGAI.**
- Presented a paper on “Ambedkar’s Views on Caste: Hope and Reality”, in the IInd World Dalit Writer’s Conference from 12th Oct to 15th Oct 2000, organized by Bharatiya Dalit Sahitya Academy, **U.K.**

ADMINISTRATIVE EXPERIENCE:

- Principal, College of Science and Technology from 22-06-2024 to date.
- Faculty Chairman, College of Science and Technology from 2021 to 21-06-2024.
- Head, Dept of Psychology, Andhra University from May 2019 to date.
- Director, Center for Psychological Assessment and Counselling 2019 to date.
- In charge of Principal, Science College, Andhra University, December 2020.
- Dean Academic Affairs, Andhra University from 23rd July 2018 to 22nd July 2019.
- Chairman, Board of Studies, Department of Psychology 2017 to May 2019.
- In Charge Registrar, Andhra University on 21-06-2019, 05-06-2019 to 08-06-2109, 03-01-2019 to 05-01-2019, 22-11-2018, 10-09-2018, 24-07-2018.
- Head, Dept of Psychology, Andhra University from February 2014 to Feb. 2017.
- Faculty Chairman, Yoga and Consciousness, Andhra University from November 2014 to date.
- Academic Senate Member Andhra University from 2013 to Date.
- Board of Studies Chairman Department of Psychology, Acharya Nagarjuna University Guntur from 2013 to date.
- Director, Centre for Psychological Assessment and Counselling, Andhra University From 2013 to date.
- Coordinator, M.A. Psychology, School of Distance Education, Andhra University, Visakhapatnam, 2006 to 2010
- Head, Dept of Psychology, Andhra University from 23rd Dec 2006 to 7th Jan 2010.
- Director, Centre for Psychological Assessment and Counselling, Andhra University From 23rd Dec 2006 to 7th Jan 2010.
- I/C Head, Dept. of Psychology and Parapsychology, Andhra University.2004 and 2006
- Coordinator, Diploma in Child Psychology, Dept. of Psychology and Parapsychology, Andhra University. Visakhapatnam.(2004-2005)
- Coordinator, A.U. Study Circle, Andhra University, January 1991 to December 1993.
- Student adviser, Department of Psychology, Andhra University.

BOOKS PUBLISHED: 13

- Mahilalapi Serials Prabavam, Visalandhra Publications House, Vijayawada, 2023
- Feel Good (Telugu), Prasad Psycho Corporation, New Delhi, 2019.
- Life Turning Point, J.P Publications, Vijayawada, 2014 (Telugu)
- Urakalu Vese Vayasu – Parugulu Thesey Manasu, VLN Publications, Vijayawada, 2010. (Telugu)
- Health Psychology (English), Andhra University Press, 2009.
- Behavioral problems among school *children (English)* Discovery Publications, New Delhi 2007
- No.1 Ga Edhagandi” (Telugu) VLN Publishers, Vijayawada 2007
- “Best Children and Better Parents” (Telugu, Kannada) VLN Publishers Vijayawada 2005.
- “Organizational Stress” (English) Andhra University Press Visakhapatnam 2004
- Personal Development (Telugu) JSN Publications. Vijayawada, A.P 2002
- Teenage Counseling (Telugu) SriKalyan Publications, Vijayawada, A.P 2002.
- Success Management” (Telugu) Sri Kalyan Publications, Vijayawada, A.P 2002.
- Family Counseling (Telugu) Madhulatha Publications, Vijayawada, A.P 2001

BOOKS EDITED: 11

- **Psychology and Current Trends, Red Shine Publication PVT. Ltd, Lunawala, ISBN No: 978-93-95456-84-5**
- **Stay On Track: Psychology Of School Excellence** (English), Prasad Psycho Corporation, New Delhi, 2019
- **Elderly Issues and Challenges: The Indian Psychological Perspective** (English), Prasad Psycho Corporation, New Delhi, 2015

- **Quality of life and globalization: effective self-care interventions**, 2012, Volume-1, Prasad Psycho Corporation, New Delhi.
- **Quality of life and globalization: effective self-care interventions**, 2012, Volume-2, Prasad Psycho Corporation, New Delhi.
- **Quality of life and globalization: effective self-care interventions**, 2012, Volume-3, Prasad Psycho Corporation, New Delhi.
- **Health Psychology, Distance Mode, Andhra University, 2009.**
- **Personality and Adjustment of University Hostel Students**, Discovery Publications, New Delhi, 2009.
- **Health Psychology and Counseling**” Discovery Publishing House Pvt.Ltd, New Delhi 2009
- Distance Mode Books on **Industrial and Organizational Behavior, Social Psychology, Andhra University.**
- **Advanced Industrial Psychology**” on the subject of Human Resource Management, Excel Books Private Limited, New Delhi 2008.

BOOKS CHAPTERS: 09

- **Play Therapy: A Creative Approach to Behavioral Therapy for Children with Intellectual Disabilities (French)**, Complex Psychiatric Pathologies, 2024,
- **Little happiness (French)** , Geneva 2017
- **The Walls of Freedom (French)**, Medical and hygiene editions, Geneva, 2015
- **Life stages, stages of care (French)**, Medical and hygiene editions, Geneva, 2012
- **Child and Adolescents Psychology**, (English) Telugu Academy Publication, Hyderabad, 2011.
- **Individual education program: theory and practice (French)**, Medical and hygiene editions, Geneva, 2009
- **Advanced Industrial Psychology**, Excel Book Pvt Ltd., New Delhi, 2008
- **“General Psychology Vol-II”** Telugu Academy Publications, Hyderabad. A.P 2006
- **“Introduction to Psychology Volume II”** Board of Intermediate Education, Hyderabad, A.P 2004. **Co-author** (English Medium)
- **“Introduction to Psychology Volume I”** Board of Intermediate Education, Hyderabad, A.P 2003. **Co-author** (English Medium)

AUDIO CD'S PUBLISHED: 3 (Children and Parents)

PROJECTS COMPLETED: 9

- Project Director (Faculty in charge) Saksham & GFATM R7, Department of Psychology, Andhra University, Visakhapatnam. 2013-17 – 1.2crore.
- Director APSACS (NACO), Visakhapatnam, funded by Government of Andhra Pradesh, 2013-2017 – 50lakhs.
- Prevalence of somatic symptoms, Mental health and Quality of life of Tribes in Araku Valley: Development of culturally Relevant Psychological Intervention”, funded by ICSSR, 2013-2015-10 lakhs
- Behavior Technology research on Intellectual Disability and Effectiveness of Neuro-Biofeedback as an intervention technique, sponsored by Anrak Aluminum Limited, Visakhapatnam, 2012-2013, 5 Lakhs
- Major project of Validation of Aberrant Behavior Check List – sponsored by Department of Adult Psychiatry, University Hospitals of Geneva, 2008-09, 2 Lakhs
- Psychosocial interventions for Motivating Absentee Students of Andhra University, Visakhapatnam, Andhra Pradesh. Sponsored by University Grants Commission, New Delhi.2005-2007.
- Psychological Counseling for Absentee Employees, Hindustan Petroleum Corporation Limited (H.P.C.L.), Visakhapatnam. 2002
- Employees Performance Appraisal, Regency Ceramics Limited, Yanam, Pondicherry. 2003, 5 Lakhs
- Employees Performance Appraisal, Regency Ceramics Limited, Yanam, Pondicherry 2004, 5 Lakhs

PROJECT PROPOSAL SUBMITTED: 4

- National Institute of Social Defence Project: Drug Abuse Prevention – 2024.
- ICSSR Project: Effects of Yoga and Meditation on the Level of Stress, Illness Perception, and Well-being among Diabetic Patients – 2024, 3 Cr.
- TISS Saksham Proposal: Targeted Interventions Evaluations: Implications for National Aids Control Program – 2024, 1 Cr.
- Navigating Road Safety Challenges: Promoting Mental Health and Well-Being Among BPCL Petrol Truck Drivers – 2023- 12 Lakhs.

PANEL PSYCHOLOGIST:

- HPCL, Visakhapatnam and Hyderabad.
- National Mineral Development Corporation Development (NMDC), Chhattisgarh.
- Uni Ads, Visakhapatnam, Vijayawada and Hyderabad
- UPSC(Advisor), Confidential

UNIVERSITY FACULTY SELECTION COMMITTEE MEMBER:

- Deen Dayal Upadhyay Gorakhpur University, Gorakhpur, Uttar Pradesh
- Central University of Madras, Madras
- Central University of Delhi
- Kerala University, Trivandrum, Kerala.
- Bharathiyar University, Coimbatore, Chennai.
- Madras University, Chennai.
- Pt. Ravi Shankarsukla University, Raipur
- Central University, Tripura
- Indira Gandhi National Tribal University Amarkantak (MP)

RESEARCH GUIDANCE: 61 (Awarded)

- Impact of Self-efficacy and Mental Health among Medical and Paramedical Professionals.
- Internet Addiction and Its Association with Depression, Anxiety, Stress and Well-Being Among Young Adult College Students”
- “Correlates of Academic Motivation, Achievement Goal and Substance Use Among Indian University Students’s the Case of Andhra Pradesh State”
- “Coping and Its Association with Academic Stress Among Engineering and Medical Students of Godavari Districts”.
- “Role of Diabetes Distress, Depression and Diabetes Stigma in Managing Type 2 Diabetes”
- Effect of hypertension on stress and quality of life among university students
- “Prevalence Of Stress, Anxiety, Depression and Suicidal Ideation Among University Students, Afghanistan”
- “Psychological Perspectives of Juvenile Delinquency (A Comparative Study of Juvenile Delinquents and Non-Delinquent Adolescents)”
- “A Retrospective Study of Protective Factors Fostering Resilience Among Successful Persons with Locomotor Disabilities”.
- “Parenting Styles and School Environmental Factors are the Predictors of Suicidal Ideation In Andhra Pradesh Middle Adolescents. A Correlation Study”
- “Stress and Adjustment of Parents with Intellectual Disability Children in North Coastal Andhra Pradesh”
- Identification of Behavioral Problems in Children with Intellectual Disability.
- The influence of Resilience on Illness Perception and Quality of Life Among Cancer Patients, 2020.
- An Investigation of the Relationships Among Achievement Goal Orientation, Study Habit and Procrastination Among Andhra Pradesh Secondary School Students
- Interrelationship of self-efficacy, self-regulation, and socialization: Examining their effect on university student's academic motivation, achievement goals and substance use in Ethiopia-2019
- The Effects of goal orientation, study habit and procrastination on Ethiopian higher education student’s academic achievements 2019
- Peace–Building wisdom of TIGRAI: INDIGENOUS conflict management mechanism among IROB, KUNAMA, and WEJERAT communities-2019
- Stress, self-efficacy, and coping strategies among university students in Tigray Region Ethiopia-2019

- Social Media exposure parent-adolescent communication, peer influence and substance use as predictors as adolescent's risky sexual behavior: the case of preparatory school students in ADDIS ABABA city, Ethiopia 2019.
- Impact of Self-efficacy and Mental Health among Medical and Para Medical Professionals, 2019
- Moderation of Organization Stress and Work Quality of Life: The Case of Public Sector Corporation, Visakhapatnam, 2019.
- Quality of life of parents having children with developmental disabilities 2019
- Meta-cognition awareness and emotional intelligence of prospective teachers: a correlation study 2019
- Correlates of Teacher's sense of academic optimism: The case of general secondary schools of the central zone of Tigray, Ethiopia, 2019.
- Suicidal Ideation among teenagers-A study on higher secondary students in north coastal districts of Andhra Pradesh 2018
- Abuse against school girls as a predictor of their psychosocial well-being and academic achievements in Western Oromiya regional state, Ethiopia 2018
- To study the effect of socioeconomic characteristics on behavior problems among mild mentally challenged children in coastal districts of Andhra Pradesh 2018
- Influence Of Demographic Variables and Play Therapy On Behavioral Problems Of Children With Intellectual Disability-2017
- Marital Satisfaction and Well-Being among Men and Women-2017
- Efficacy of Behaviour Modification and Yoga Among the Adolescents 2016.
- Mental Health of Adolescents in Relation to Perception of Family Environment, Stress and Adjustment, 2016
- Prevalence of Death Anxiety Among Elderly, Impact of Spiritualism, 2016.
- Self-efficacy and Quality of Life among Women Entrepreneurs, 2015.
- Occupational stress and Coping among Police employees, 2015.
- Job Satisfaction and Organizational Commitment of Ethiopian University Teachers: Antecedents, Consequences and Implications, 2014.
- Relationship between Students' Academic Stress and Subjective Well-Being: Differences among Engineering and Medical Colleges, 2014.
- Stress and Quality of life among Diabetic school teachers, 2014.
- An Assessment of Efficacy of Neurofeedback and Behavioral Therapies on Children with Attention Deficit Hyperactivity Disorder (ADHD), 2014

- Prevalence of Organizational role stress and quality of life among ticket checking staff working in Railways, 2013.
- Adolescents Subjective- Wellbeing: Socio-Demographic Correlates in North Coastal Andhra Pradesh,2013.
- Stress and Quality of Life among University Employees with Hypertension,2013.
- Stress, Emotional Maturity and Personality of Parents of Disabled Children,2013.
- Efficacy of Behaviour Therapy and Yoga on Adolescents with Attention Deficit Hyperactivity Disorder (ADHD), 2012.
- Role stress among central industrial security force personnel: An explorative study in Andhra Pradesh, 2011.
- Prevalence of academic stress among adolescents studying in Government, Private, and Residential colleges, 2011.
- Academic stress and mental health of nursing graduates in Andhra Pradesh, 2011.
- Fundamental rethinking on meeting mental health services in Ethiopia: issues, opportunities and remedies, 2012.
- Human capital and psychological factors as determinants of entrepreneurial outcomes among micro and small enterprises operators in east shoa zone (Ethiopia), 2011.
- Influence of personal correlates on emotional and behavioral problems of early adolescents.2011
- Incidence of Academic Stress and Anxiety: A study on Adolescents in the twin cities of Andhra Pradesh. 2010
- Experience of occupational stress among private and public sector software employees: A comparative study.2010
- Alcohol Dependents: Quality of life and marital satisfaction with their spouses 2010.
- Effects of Emotional Intelligence, Adjustment and Self-determined Motivation on Academic Achievement of University Students in Ethiopia,2010.
- Occupational stress, Physical and Mental Health problems: A Study on employees of Visakhapatnam Steel Plant 2007.
- Erectile Dysfunction: Psychosocial Antecedents and Psychological Intervention, 2006.
- Meditation: Behavioral Effects as Perceived by Teachers and Parents. 2006.
- Emotional and Behavioral Problems among Adolescent Students in Ethiopian Schools: Nature, Determinants and Correlates. 2005.

- Adjustment Learning and Behavioral Problems among School Children 2004
- Personality and Adjustment to a hostile environment. 2003
- Gender Differences in Empowerment and Role Stress in Organization, 2002

M.PHIL'S AWARDED: 9

1. Adolescent's academic stress, 2011.
2. Organizational role stress among public and private sector call center employees: A comparative study, 2010.
3. A study on emotional and behavioral problems among early adolescents, 2010.
4. Depression and its influence on personal correlates among teenagers in Srikakulam District, 2010.
5. A study on academic stress and coping among high school students in Nellore District.
6. Effect of Adjustment and Academic Stress: A Study on Tribal Adolescents, 2009.
7. Personality profiles of adjusted students at Intermediate level, 2006.
8. Anxiety among Working and Non-working Women, 2002.
9. A Study of Behavioral Problems among Government High School Students of Prakasam District, 2001.

NO OF JOURNALS PUBLISHED: 127

INTERNATIONAL: 61, NATIONAL: 63, SUBMITTED: 3

1. Wellbeing and the Gender Differences Among Young Adults. Journal of Emerging Technologies and Innovative Research (JETIR), An International Scholarly open access, peer-reviewed, Refereed journal, ISSN:2349-5162, September 2021
2. Internet Addiction And its Association with Depression, Anxiety, and Stress, International Journal of Creative Research Thoughts (IJCRT), An International Scholarly open access, peer-reviewed, Refereed journal, ISSN; 2320-2882, September 2021.
3. Gender Difference on Coping and its Association with Academic Stress Among Engineering and Medical Students of Godavari Districts, International Journal of Creative Research Thoughts (IJCRT), An international Scholarly open access, peer-reviewed, Refereed journal, ISSN; 2320-2882, September 2021.
4. Social Media Addiction Effects on Well-Being among Tertiary School Grades an Empirical Study in Visakhapatnam, An International Journal of Current Science Research and Review (IJCSRR), ISSN: 2581-8341, Vol 04 Issue 07 July 2021, DOI: 10.47191/IJCSRR/V4-I7-00, Impact Factor:5.825.
5. Socio-Demographic Context of the Alcohol Dependence Among Andhra Pradesh Individuals during Covid – 19 Lockdown Period, An International Journal of Academic Health and Medical Research (IAHMR), ISSN:2643-9824, Vol. 4 Issue 11, November – 2020, Pages:34-35
6. Progression of Mental Health Issues During COVID-19, An International Journal of Medico – Legal Update, ISSN-0971-720X(Print)* ISSN-0973-1283(Electronic), Volume 20, Number 4, October-December 2020.
7. Wellbeing Impacts on Suicidal Ideation among Farmers in Visakhapatnam, An International Journal of Academic and Applied Research (IJAAR), ISSN: 2643-9603, Vol-4-Issue-10, October-2020.
8. Identification of Behavioral Problems Among Learning Disabled Children, An International Journal for Research in Applied Science & Engineering Technology (IJRASET), ISSN: 2321-9653, IC Value: 45.98, SJ Impact Factor: 7.429, Volume 8, Issue VI, June 2020.
9. Suicidal Ideation in Relationship to Stress, Anxiety and Depression Among University Students, An International Journal for Research in Applied Science &

Engineering Technology (IJRASET), ISSN: 2321-9653, IC Value: 45.98, SJ Impact Factor: 7.429, Volume 8, Issue VI, June 2020.

10. Study of Life Styles Among Bachelor of Technology Students in Visakhapatnam, An International Journal of Scientific Development and Research (IJS DR), ISSN: 2455-2631, Volume 5, Issue 6, June 2020.
11. Gender Difference on Parenting Styles and Effects on Psychological Well-Being Among High School Students, The International Journal of Indian Psychology, ISSN 2348-5396(Online) / ISSN: 2349-3429(Print), Volume 8, Issue 2, April – June, 2020, DIP: 18.01.150/20200802, DOI: 10.25215/0802.150.
12. Prevalence of Suicidal Ideation Among University Students, Afghanistan, The International Journal of Indian Psychology, ISSN 2348-5396(Online) / ISSN: 2349-3429(Print), Volume 8, Issue 2, April – June, 2020, DIP: 18.01.138/20200802, DOI: 10.25215/0802.138.
13. Prevalence of Anxiety Among University Students, Afghanistan, An International Journal of Advanced Research (IJAR), Int.J.Adv.Res.8(04), 186-192, May 2020, ISSN: 2320-5407.
14. Depression among University Students: A Cross-Sectional Study, An International Journal of Emerging Technologies and Innovative Research, Journal No: 63975, Volume 7, Issue 5, May 2020, ISSN 2349-5162.
15. Psychological Impact on COVID-19, An International Journal of Advanced Research (IJAR), Int. J. Adv. Res. 8(04), 1199-1202, April 2020, ISSN: 2320-5407.
16. Parenting Mode Effects on Psychological Well-Being Among Senior Secondary School Adolescents in Visakhapatnam – A Correlational Study, 2020 IJRAR February 2020, Volume 7, Issue 1, (E-ISSN 2348-1269, P-ISSN 2349-5138).
17. Factors Behind the Relapse of the Patients with Alcohol and Opioid Use Disorder: An Exploratory Study, International Journal of Advanced Science and Technology, Vol:29, No:11s (2020), pp: 2543-2549, ISSN: 2005-4238 IJAST.
18. Emotional Question Impacts on Suicidal Ideation Among Early Adulthoods: An Empirical Study in Visakhapatnam, ISSN 2348-5396(e) / ISSN 2349-3429(P), Volume 7, Issue 4, DIP: 18.01.017/20190704, DOI:10.25215/0704.017, OCT-DEC, 2019.

19. Well Being Among School and College Going Students a Comparative Study International Journal of Scientific and Engineering Research, Volume 10, Issue 6, June 2019, ISSN 2229-5518.
20. Parent-Adolescent Communication and Peer Pressure as Predictors of Adolescents, Risky Sexual Behavior: the case of Preparatory School Students in Addis Ababa city, Ethiopia. International Journal of Research and Analytical Reviews (IJRAR) www.ijrar.org. February 2019, volume 6, issue 1. E-ISSN 2348-1269, P-ISSN 2349-5138.
21. “Sanganena” Institution: Application of Indigenous Knowledge and Practices in Conflict Management among Kunama Community, Tigra – Ethiopia. International Journal of Research and Analytical Reviews (IJRAR) www.ijrar.org.
22. The effect of Self-Efficacy and Self-Regulation on Ethiopian University Students’ Socialization Process: the case of Mekelle and Adigrat University. International Journal of Research Analytical Reviews (IJRAR)| E-ISSN 2348-1269, P-ISSN 2349-5138. Published in IJAR (www.ijrar.org) ISSN UGC Approved & 5.75 Impact Factor Volume 6 Issue 1 February-2019. UGC and ISSN Approved – International Peer Reviewed Journal, Refereed Journal, Indexed Journal, Impact Factor: 5.75 Google Scholar.
23. Interrelationship of Self-Efficacy, Self-Regulation and Socialization Process Among University Students’, the Case of Mekelle and Adigrat University. Journal of Emerging Technologies and Innovative Research (JETIR), www.jetir.org|editor@jetir.org. Published in JETIR (www.JETIR.org) ISSN UGC Approved & 5.87 Impact Factor, Volume 6 Issue 2, February 2019.
24. “Stress Coping Strategies Among University Students” International Journal of Research and Analytical Reviews (IJRAR)|E-ISSN 2348-1269, P-ISSN 2349-5138. Published in IJAR (www.ijrar.org) ISSN UGC Approved & 5.75 Impact Factor Volume 6 ISSUE 1 February-2019.
25. “Stress Coping Strategies Among University Students”. Journal of Emerging Technologies and Technologies and Innovative Research (JETIR) www.jetir.org February 2019, volume 6, Issue1. (E-ISSN 2348-1269, P-ISSR-2349-5138).
26. Impact of Demographic Variables on Exam Anxiety and Academic Achievement among Secondary Grade Students: An Empirical Study. International Journal of Science and Research (IJSR) ISSN: 2319-7064. Impact Factor (2018): 7.426. Volume 8 Issue 3, march 2019. www.ijsr.net.
27. Changing Role of Teachers in the Present Society, An International Journal of Health and Medical Sciences, 2018.

28. Indigenous Conflict Management Practices in Ethiopia: Prospects , Challenges and Lessons Learnt. Journal of Emerging Technologies and Technologies and Innovative Research (JETIR) www.jetir.org .December 2018, volume 5, Issue 12. ISSR-2349-5162.
29. Social Media exposure as Predictor of Adolescents' Risky Sexual Behavior: the case of Preparatory Schools in Addis Ababa city, Ethiopia. Journal of Emerging Technologies and Technologies and Innovative Research (JETIR) www.jetir.org .December 2018, volume 5, Issue 12. ISSR-2349-5162.
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43. Quality of Life among University Employees with Hypertension, IOSR Journal of Humanities and Social Science (IOSR-JHSS) Volume 21, Issue 3, Ver. III (Mar. 2016) PP 31-37 e-ISSN: 2279-0837, p-ISSN: 2279-0845.
44. Characterizing the Psychosocial Ramification of Divorce on Adolescent and Youth: The Case of Aksum Town. Scholarly Research Journal for Interdisciplinary Studies. E-ISSN 2278-8808& P-ISSN 2319-4766, SJIF 2015: 5.403 NOV-DEC,2016 VOLUME 4, ISSUE 27.
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52. Prevalence of Attention Deficit Hyperactivity Disorder (ADHD) and its Personal Correlates among Adolescents, *European Journal of Intellectual Disability*, September 2013.
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1. Impact of Online Gaming Addiction on Sleep Quality Among Young Adults, Indian Academy of Applied Psychology, ISBN:978-93-91690-53-3, April 2024
2. The Impact of Ingroup Colourism on Self-Esteem and Achievement Motivation Indian Academy of Applied Psychology, ISBN:978-93-91690-53-3, April 2024
3. Impact of Psychological Stress on the Immune System in Coping with COVID-19, A Community Psychology Association of India Publication, 2021
4. Psychosocial Impact of COVID–19 to General Population in India, CLIO Annual Interdisciplinary Journal of History (UGC Care Journal),ISSN: 0976-075X, Vol-6-Issue-6, April-2020.
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7. Emotional Question Impacts on Suicidal Ideation Among Early Adulthoods. An Empirical Study in Visakhapatnam. Journal of Emerging Technologies and Innovative Research. ISSN: 2349-5162, Volume 6, June, 2019
8. Examining the Relationship Between the Dimensions of Teacher Empowerment and Organizational Citizenship Behaviour: The Case of General Secondary School Teachers in the Central Zone of Tigray, Ethiopia. Journal of the Indian Academy of Applied Psychology, July 2019, Vol. 45, No. 2, 160-169.
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15. "A Comparative Study on Quality of Life between Father - Mother of Autistic Children". Stay on Track: Psychology of School Excellence (edited book). ISBN: 978-93-84764-35-7. www.prasadpsycho.com 2019.
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21. Occupational Self-Efficacy and Mental Health Among Medical and Para Medical Professional, Behavioral Scientist, Agra, I.S.S.N: 09725911, Volume 18 No 1 January 26, 2017.
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34. Old age: A comparative study of urban and rural quality of life and erectile function, Indian Journal Health wellbeing, Vol 2, issue 2, p: 350-52, 2011
35. Perceived opportunities and challenges of providing counseling services at Amanuel Mental Specialized Hospital, Addis Ababa, Ethiopia, Indian Journal of Health Wellbeing, Vol 2, issue, pp-85-93, 2011.

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37. Women spirituality and Mental health, Health and wellbeing Emerging trends, (Edited Book) Global Vision Publishing House, 2010
38. Emotional and Behavioral Problems among Early Adolescents' Kakatiya University Journal of Social Sciences, Warangal, vol.6 No.172 January-June, July-December, p.p.22-28, 2010
39. Religiosity, Gender Vs Value Priorities, Journal of the Indian Academy of Applied Psychology, October 2009, vol 35, pp12130.
40. Alleviating Geriatric Depression: Effectiveness of Psychological Intervention" (Edited Book) Concept Publications 2009.
41. Depression in Later Life: Role of Place of Living" (Edited Book) Concept Publications 2009
42. 'Women Spirituality and Mental Health' Health and Wellbeing: Some Emerging Trends (Edited Book), Global Vision Publishing House New Delhi. p.p. 144-150, 2009
43. "Reproductive and Mental Health of Married Adolescent Girls in Visakhapatnam' Reproductive Health Management (Edited Book) published by Akansha Publishing House New Delhi, 165-185, (2009)
44. "Mental Health Problems of Adolescents: The Case of Students in Addis Ababa City, Ethiopia" (2009) Edited Book, Health Psychology and Counseling, Discovery Publishing House Pvt. Ltd. New Delhi, Pages 3-14
45. "Prevalence of low back pain, Sleeplessness and Headache towards Occupational Stress" (2009) Edited Book, Health Psychology and Counseling, Discovery Publishing House Pvt. Ltd. New Delhi, Pages: 203-227
46. Stress and Erectile Dysfunction: The Effect of Psychological Intervention" (2009) Edited Book, Health Psychology and Counseling Discovery Publishing House Pvt. Ltd. New Delhi, Pages 48-70.
47. "Depression in Elderly: Incidence, Health Problems, and Interventional Effectiveness" Behavioral Scientist, Agra. Vol. 9, Number.1 January 26, 2008 Page No. 3-8.

48. "Risk factor modification through psychosocial Intervention among HIV/AIDS Patients" Proc. A.P Academy of Sciences, Hyderabad Vol. 11(2) 2007: 101-104.
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50. "Adjustment and Learning problems among school children" Kakatiya University Journal of Social Sciences June 2007 Vol.3, No.1, 231-247
51. "Stress Coping Tips for Teenagers" Stress, Coping and Management, (Edited Book), Sonali Publications New Delhi 2007, p 192-202.
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54. Ability –Support Model and Role stress IBAT Journal of Management, Vol No. 3, Number 1 and 2, Page No.20-36. KIIT School of Management, KIIT University, Bhubaneswar- India. Jan-Dec 2006
55. "Achievement Motivation: A Study on Andhra University Post Graduate Students, South Indian Journal of Social Sciences, Visakhapatnam, Vol -III No.1, June 2005 Page No.52-62.
56. "Gender, Empowerment, and Role stress" in (PRATIBIMBA) the Journal of Institute of Management & Information Science, Bhubaneswar, Vol.4 Jan – June 2004, Page No: 31-35.
57. "Motivation" Intermediate Course, Second Year, Board of Intermediate Education, Hyderabad, Andhra Pradesh.2004 Page No: 1-19.
58. "Communication" Intermediate Course, Second Year, Board of Intermediate Education, Hyderabad, Andhra Pradesh.2004 Page No: 93-116.
59. "Issues in Contemporary Society" Intermediate Course Second Year, Board of Intermediate Education, Hyderabad, Andhra Pradesh Page No: 149-185. 2004
60. "Introduction to Psychology" Intermediate Course, First Year, Board of Intermediate Education, Hyderabad, Andhra Pradesh.2003, Page No: 1-28.
61. "Methods of Psychology" Intermediate Course First Year, Board of Intermediate Education, Hyderabad, Andhra Pradesh.2003 Page No: 29-45.

62. “Quality of Life and Beliefs” South India Journal of Social Sciences. Dec 2002, Vol-2 page No: 41-49.
63. Gender and Role Stress in Organizations” Journal of Indian Psychology Vol 19, No’s 1&2 Jan –July 2001 Page No: 50-55.

SUBMITTED: 4

1. Understanding Procrastination Through the Lanes of Korean Drama/ Anime Binge-Watching Behavior: A Correlation Examination Among Young Adults, Taylor and Francis Journal, July 2024.
2. Correlate Self-Esteem and Achievement Motivation Among Late Adolescents and Early Adults, Taylor and Francis Journal, July 2024.
3. Exploration of the Relationship between Psychological Well-being and Organizational Commitment among Information Technology Employees, Open Access Journal of Behavioural Science and Psychology (OAJBSP), July 2024.
4. Unacknowledged plight: Systemic Challenges and Socio-Economic Disparities Faced By SC/ST Communities In Andhra Pradesh, July 2024

Audiovisual Interviews: DD1, DD8, ETV, TV 5, HMTV, MAA TV, I News, Gemini, TV 9, ABN CHANNEL, All India Radio

Newspaper columnist: The Hindu, Times of India, Hans India, Deccan Chronicle, New Indian Express, Eenadu, Surya, Andhra Jyothi, Vaartha, Saakshi.

NATIONAL / INTERNATIONAL SEMINARS / CONFERENCE ATTENDED AND PRESENTED PAPERS: 81

1. **Chief Guest:** To deliver Chair Keynote Address at the International Conference on “Optimizing Human Capital of Armed Forces: Psychological Perspective” from 25th to 28th April, 2023 in the University of Delhi, North Campus, Chhatra Marg, Delhi-110007.
2. **Chief Guest:** To deliver Keynote Talk at the 27th International and 58th National Conference of IAAP Psychology and Technology: Shaping the World to be held from 15th to 17th February 2023 in the Vigyan Bhawan, New Delhi, India.
3. **Chief Guest:** To deliver Keynote Talk at the International Symposium on Mental Health and Well-being: Trends and Challenges to be held from 9th to 10th December 2022 in the Department of Psychology, REVA University, Bengaluru, Karnataka.
4. **Resource Person:** Rajiv Gandhi University of Knowledge Technologies, Nuzvid campus on 8th April 2022.
5. **Key Note Speaker:** Humanities and Social Science Education in 21st Century: Innovations, Disruptions. And Convergence. Jain Deemed to be University, Bangalore, 25th–26th June 2021.
6. **Key Note Speaker:** IAAP 56TH National and 25th International Conference conducted by Dept. of Psychology, Punjabi University, Patiala. Punjab February 18th, 2021.
7. **Key Note Speaker:** International Conference on Humanistic Psychology and Abnormal Behavior, Malaysia February 11th, 2021.
8. **Speaker,** The Asia Pacific School Psychology Association (APSPA), In collaboration with the National Institute of Education, Colombo, Sri Lanka is Conducting a two-day conference on Mental Health and well-being among School Children on 11-12 February 2020.
9. **Speaker And Chair,** 55th National & 24th International Conference of Indian Academy of Applied Psychology (IAAP), Manonmaniam Sundaranar University, Tirunelveli, Tamil Nadu, 23-25 January 2020.
10. **Speaker and chair,** Role of Yoga and Meditation in Controlling Behavioral Problems among Mild Mentally Challenged Children, International Conference on School Psychology, Kuala Lumpur, Malaysia 10-12 January 2019.
11. **Key Note Speaker,** Effect of Psychological interventions for sports professionals. Mahatma Gandhi Vidyamandir’s Loknete Vyankatrao Hiray College Department of

Psychology National Conference on Current Trends In Sports Performance 6th to 7th Feb 2018.

12. **Speaker and Chair**, 7th International Conference on School Psychology: School Counselling and Skill Development, University of Mysore, Mysore, India. 09-11 Nov 2017.
13. **Speaker**, Effectiveness of Yoga Therapy as Intervention for Mild mentally Challenged Children, “Addressing the exceptional needs of the whole child and young Adult; embracing the future. International Association of Special Education 15th Biennial Conference, June 25-29, 2017, Perth, Australia.
14. **Keynote Speaker**, International Workshop on ‘Enabling and Empowering Persons with Disabilities Role of Stakeholders, Adikavi Nannaya University, 4th March 2017
15. **Keynote Speaker**, International conference on “A holistic Approach through mental health and effective learning”, Swatantra and G.S.L Nursing institutions, G.S.L Medical College, Rajahmundry, 3rd and 4th March 2017
16. **Invited Speaker and Chair** “Encapsulating Psychological Components of Happiness”, 52 National & 21 International Conference of Indian Academy of Applied Psychology (IAAP), University of Rajasthan, Jaipur, Feb 2017.
17. **Invited speaker and Chair**, 6th International Conference on Mental Health and Well Being organized by Dept of Applied Psychology and InSPA, Pondicherry University, Pondicherry, 13th-15th 2016
18. Presented a paper on health, social and Economic collates on the Role stress of CISF personnel in Andhra Pradesh, International Conference on Education and Psychology, University Malaysia Sabah 22nd to 23rd Sept 2016, Malaysia.
19. **Chair**, Two Day International Hindi Seminar Titled “RAMA’s Philosophy in Indian Literature” Organized by U.G.C 5th to 6th March, 2016.
20. **Keynote Speaker**, Training of trainers on Career Guidance and Counseling for Youth Functionaries Sponsored by Rajiv Gandhi National Institute of Youth Development, 8th to 12th Feb 2016
21. **Platinum Jubilee Lecture** (Plenary Speaker), 103rd Indian Science Congress 3rd to 7th Jan 2016 at Mysore.
22. **Invited Speaker and Award**, Indian Psychology Association (IPA), PS Dept of Psychology MM Mahila College, 25th, 26th, 2015 at Bihar
23. **Keynote Speaker**, National Seminar “Developmental Disabilities: Diagnosis and Intervention Strategies Removing Barriers to Create an Inclusive and Accessible Society for all, 1st to 3rd Dec 2015, Adikavi Nannayya University, Rajahmundry

24. **Speaker**, Promoting resilience through resistant classroom, 4th International Conferences on Psychology and Allied Science 16th to 18th 2016. Ravindra Bhavan, Margo, Goa, India
25. **Chair**, 50th National and International Conference of Indian Academy of Applied Psychology (IAAP) on Applied Psychology and Spirituality-Contribution to Health, Happiness, Professions and Leadership, Jan 23-25th 2015.
26. **Key Note Speaker**, ICSSR sponsored seminar on “Stress and Resilience: Among Children, Adolescents, Women, and Social Support Group, to be held on 14th and 15th November ‘2014, at ANUR campus, Rajahmundry.
27. **Plenary Sessions Speaker**, ICSSR National Seminar on Impoverishment among Dalits: Strategies for Inclusive Development-21st-22nd March 2014, Centre for Study of Social Exclusion and Inclusive Policy, Andhra University
28. **Plenary Sessions Speaker**, Two Day International Conference on Gender Mainstreaming, Issues and Strategies for Empowerment, 5th-6th March 2014, Andhra University.
29. **Chair**, 49th National and 18th International Conference of Indian Academy of Applied (IAAP) on Applied psychology in “PSYCHOLOGY FOR HOLISTIC LIVING IN GLOBAL WORLD”. Dt: 1st to 3rd March 2014, Department of Psychology Smt. Laxmiben and Shri. Chiman Lal Mehta Arts College Ahmedabad, Gujarat.
30. **Chair**, 48th National and 17th International Conference of Indian Academy of Applied (IAAP) on Applied psychology in the application of psychological training to face the challenges of a changing world. Dt: 22nd to 24th May 2013, organized by P.G. Dept. of Studies and Research in Psychology, Karnataka University, Dharwad.
31. **Key Note Speaker**, UGC Two Day National Seminar on Spiritual Psychology: Recent Trends in Research, Theory, Practice, and Training, March 23-25th 2013
32. **Chair**, International Conference on “Life Skills” organized by RGYD, Mumbai University, Mumbai. Dt: 7th to 9th December 2012.
33. **Chair**, 47th National and 16th International Conference of Indian Academy of Applied (IAAP) on Applied psychology in transforming education and management sciences in the context of globalization. Dt: 15th to 17th Feb 2012. Organized by TVT organized by Dept. of Applied Psychology, Toch-H institution, Ernakulam, KERALA.
34. **Plenary sessions speaker**, International Conference on Music and Mental Health, Organized by Dept. of Psychology, Bangalore University, From 27th to 28th 2012.

35. **Invited speaker**, National seminar on “Issues and implications of academic stress on students, Department of Education, Dr. B.R. Ambedkar University, Srikakulam, March 16th to 17th,2012.
36. **Invited speaker**, National seminar on prevention of sports injuries and rehabilitation, Dept of Physical education, Andhra University, June 9th -10th, 2011
37. **Invited speaker**, international congress: East /West orientations in the handicap, Department of Psychiatry University Hospitals of Geneva (HUG), Switzerland, Geneva, May 13th,2011.
38. **Chair** 46th National and 15th International Conference of Indian Academy of Applied (IAAP) on Life skills for enhancing the quality of life. Dt: 4th to 6th Feb 2011. Organized by Dept. of Applied Psychology, Mysore University, Mysore.
39. **Presidential address**, National seminar on the psychology of violence on 23rd Dec 2010, Dept of Applied Psychology, Mumbai University.
40. **Invited speaker**- chair Toch-H institution International Conference on TVT organized by Dept. of Applied Psychology, Toch-H institution, Ernakulam, KERALA. October 23-24, 2010.
41. **“Keynote speaker”**, National seminar on frontiers of positive psychology, G.M. (Autonomous) College, Sambalpur, (ODISHA). On Nov 7th and 8th, 2010
42. **Speaker** on “Stress management skills” 2-day workshop for college Principals on ‘Academic Leadership Development, Aug 29-30 UGC Academic Staff College, Mysore University 2009
43. **Keynote Speaker** on Latest Trends and Technologies in Sports Psychology National Conference organized by Department of Physical Education, Nizam College (Autonomous) Osmania University, Hyderabad. On 8th& 7th June, 2009
44. **Speaker** in the Scientific Session International Conference on Making A Difference in The Life of School Children from 2nd -3rd May 2009 Department of Psychology, University of Dhaka, Bangladesh
45. “Influence of Educational Qualification on Occupational Stress and Mental Health among employees of Visakhapatnam Steel Plant” International Seminar on ‘Higher Education in India: Global Perspectives’ organized by Department of Economics, Andhra University from 14th -15th February 2009.
46. “Psychosocial and school-based interventions for motivating absentee students of Andhra University High School” 13th International and 44th National Conference of Indian Academy of Applied Psychology (IAAP)Jan 30, 31 and Feb. 01, 2009, Aurangabad.

47. "Impact of Adjustment, Parental Occupation among Absentees of Andhra University High School Students" 11th National Conference on School Psychology Organized by Pondicherry Psychological Association, Puducherry in Collaboration with Indian Academy of Applied Psychology, Madras Psychology Society, Chennai and Paaventhara Teacher Training Institute, Puducherry from 10 - 11 January 2009.
48. "Mental Health Education: The Need is particularly felt in India" 11th National Conference on School Psychology Organized by Pondicherry Psychological Association, Puducherry in Collaboration with Indian Academy of Applied Psychology, Madras Psychology Society, Chennai and Paaventhara Teacher Training Institute, Puducherry from 10 - 11 January 2009.
49. "Behavior Modification Skills for Teachers of Higher Education" Two-Day National Conference organized by UGC-Academic Staff College, University of Mysore from 8th to 9th August 2008
50. Emotional and Behavioral Problems among early adolescents in Visakhapatnam. National seminar on "youth and globalization-issues and challenges" jointly organized by Department of Social Work Andhra University and Rajiv Gandhi National Youth Development Sri Perumbadur from 28th to 29th Feb 2008 Visakhapatnam.
51. "Mental health problems among undergraduates with special reference to Nursing students". International conference on "Adolescent Health Psychology" from February 4th to 6th. 2008 CAS in Psychology, Utkal University Bhubaneswar.
52. "Mental Health Problems of Adolescents: The Case of Students in Addis Ababa City, Ethiopia" International Conference on "Adolescent Mental Health" sponsored by American Psychological Association and Indo-Canada. Conducted by Center for Advanced Studies in Psychology Utkal University, Bhubaneswar. From 4th to 6th February 2008.
53. **Chair**, 95th Indian Science Congress, Andhra University, Visakhapatnam. From January 3rd to 7th 2008.
54. "Coping and Depression among HIV/AIDS patients in Visakhapatnam city". National seminar on "Psychological well-being: Issues and Implications" conducted by Department of Psychology, Utkal University, Bhubaneswar. From 5th to 7th February 2007.
55. "Post Traumatic Stress Disorder (PTSD)-The role of a psychologist" National seminar on Disaster mental health. Indo-Canadian perspectives. Department of Psychology, Utkal University, Bhubaneswar from March 19th to 21st, 2007.
56. "Elder abuse and neglect- a case study". National Conference on Academy of Psychologists "Psychology in the pursuit of human well-being", School of Distance Education, Tirupati from 29th to 30th March 2007.

57. "Adjustment and Learning problems among school children" National conference on Academy of Psychologists "Psychology in the pursuit of human well-being", school of distance education, Tirupati from 29th to 30th March 2007.
58. "Anxiety among housewives and working women". National seminar on issues and implications of stress on human well-being UGC sponsored organized by Govt. women's college Guntur from 8th to 9th September 2006.
59. "Alleviating Geriatric Depression: Effectiveness of Psychological Intervention, National seminar on Psychosocial care of the Aged: Canadian and Indian Perspectives March 11th to 12th, 2006 organized by Center for Advanced Studies in Psychology, Utkal University, Bhubaneswar.
60. "Depression in Later Life: Impact of the place of living, National seminar on Psychosocial care of the Aged: Canadian and Indian Perspectives March 11th to 12th, 2006 organized by Centre for Advanced Studies in Psychology, Utkal University, Bhubaneswar.
61. "Risk factor modification through psychosocial interventions among HIV/AIDS patients" National seminar on HIV/AIDS" Organized by Andhra Pradesh Academy of Sciences and Department of Biotechnology Andhra University November 2006
62. Depression among girls in residential college hostels", 10th international & 41st National Conference of IAAP on "Innovative Dimensions of Applied Psychology: Counseling for Development" February 16-18, 2006. Organized by the National Institute of Technical Teachers Training and Research. Ministry of Human Resource Development, Government of India, Chennai.
63. Women, Spirituality and Mental Health" National Conference on Women, Science, and Spirituality, organized by the Center for Study of Science & Religion and the Center for Empowerment of Women. Institute for Human Science and Service, Visakhapatnam.2005.
64. "Ability – Support Model and Role Stress", International Conference on Stress, Feb 20-22, 2005. Gandhi Adhyayanpeeth Auditorium, Varanasi, India.
65. "Counseling for coping with chronic diseases", International Conference on coping with chronic diseases. Organized by the Department of Psychology, Andhra University, Visakhapatnam on 30th September and 1st October 2005.
66. Achievement Motivation: A Study on Andhra University Post Graduate Students", National Conference on Psychology for the Mankind and 4th Annual Meeting of the Academy of Psychologists (AOP), 4-5, Feb 2005. Organized by Directorate of Distance Education, Sri Venkateswara University, Tirupati, Andhra Pradesh.
67. "Adjustment problems Among School Students: A study on Andhra University High School Students". National Conference on Psychology for the Mankind and

- 4th Annual meeting of the Academy of Psychologists (AOP), 4-5, Feb 2005. Organized by the Directorate of Distance Education, Sri Venkateswara University, Tirupati, Andhra Pradesh
68. Sustainable Partnership in the family (National Seminar on Intersect Oral Partnership in Sustainable Development. (March 14to18, 2004), Organized by Centre of Advanced Study in Psychology, Utkal University.)
 69. Gender and Role Stress in Organizations. (XIth Annual Conference of National Academy of Psychology (India), 14-16 December, 2004. Organized by the Department of Psychology and Parapsychology, Andhra University, Visakhapatnam.)
 70. National Conference on Women, Science, and Spirituality, organized by the Center for Study of Science & Religion and the Center for Empowerment of women. Institute for Human Science and Service, Visakhapatnam (27-28 Nov. 2004).
 71. Quality of life and beliefs XXVI Indian Social Science Congress, Andhra University., Visakhapatnam January 22-26, 2003.
 72. XXVI Indian Social Science Congress, Andhra University., Visakhapatnam January 22-26, 2003.
 73. 6th International, 37th Indian Academy of Applied Psychology and 3rd Pondicherry Psychology Association Conference on Applied Psychology for World Peace and Prosperity, 5-7 January 2002
 74. Anxiety among Working and Non-working Women (6th International, 37th Indian Academy of Applied Psychology and 3rd Pondicherry Psychology Association Conference on Applied Psychology for World Peace and Prosperity, 5-7 January 2002.
 75. 1st National Conference of Academy of Psychologists, February 8-10,2001, Department of Psychology and Directorate of Distance Education, S.V. University, Tirupati, A.P.
 76. The National Seminar on Cultural Pluralism and Group Relation: Social Experiments in Canada and India, Bhubaneswar, January 31 and Feb 1& 2, 2000.
 77. XIth Annual conference of National Academy of Psychology (India), 14-16 December 2000. Organized by the Department of Psychology and Parapsychology, Andhra University, Visakhapatnam.
 78. 3rd International & 34th IAAP Conference, Managing Human Behaviour in Organizations National and International Perspective, 29 to 31, December 1997. Organized by IIT, Chennai.

79. Conference cum Workshop on "Two Faces of Consciousness" organized by the Institute for Yoga & Consciousness, and the Department of Psychology and Parapsychology, Andhra University, from 17 to 19, October 1996.
80. National Conference/Workshop on Yoga and Psychology, Organized by the Institute of Yoga & Consciousness, Andhra University, Visakhapatnam, from 20 to 22 January 1994.
81. IV National Annual Conference of the Behavioral Medicine Society, Organized by the Department of Psychology and Parapsychology, Andhra University, on 24th June 1990.

National and international seminars/conferences/workshops organized

Total: 29-International: 9; National: 20

1. Psycho Ekthesi – 2024 on the Occasion of Science Day from 27th to 29th February 2024.
2. One Day National Workshop on Psycho-Social Issues Among Deviant Behaviour Children- Legal Remedies- Counseling and Legal Assistance on 15-11-2023.
3. Two-day National Work Shop on Human Happiness, Cognitive Behavioural Therapy, Dept. of Psychology, Andhra University, Visakhapatnam, From 27th – 28th, May, 2023.
4. Two-day National Work Shop on Role of Forensic Psychologist in Criminal Justice System, Dept. of Psychology, Andhra University, Visakhapatnam, From 27th – 28th, January, 2023.
5. Two-day Work Shop on Psychometric Expo – 2021, COVID–19 Front Line Warriors, Dept. of Psychology, Andhra University, Visakhapatnam, From 26th – 28th, February 2021.
6. Three-day Work Shop on Research Methodology, Dept. of Psychology, Andhra University, Visakhapatnam, From 27th – 29th, January 2020
7. Three-day Work Shop on Counseling Skills, Dept. of Psychology, Andhra University, Visakhapatnam, From 1st -3rd, November 2019.
8. Three-day conference on 8th International Conference on School Psychology (Broaden the horizon: Towards achieving excellence in children), Department of Psychology, Andhra University, Visakhapatnam, From October 11th to 13th, 2018
9. Two weeks training programme on Capacity Building, Funded by ICSSR 2013-14.9 Lakhs
10. Two-day Work Shop on Therapeutic Counseling, Dept. of Psychology, Andhra University, Visakhapatnam, From 2nd to 3rd Jan, 2017.

11. Convener, Rorschach-Projective Inkblot Technique, 21st to 23rd August 2015, Sponsored By Prasad Psycho.
12. Convener, National Seminar on Andhra University Mock United Nations-13th and 14th February 2015, organized by Dept. of Psychology, Andhra University, Visakhapatnam.
13. National workshop on `Projective Techniques of Assessment of Personality: The Rorschach Ink Blot Test, Sept 12th to 13th, 2014 organized by Dept. of Psychology, Andhra University, Visakhapatnam.
14. Faculty Development Programme organized by the Department of Psychology and Centre for Entrepreneurship Development sponsored by National Science and Technology Entrepreneurship Development Board, Government of India, 22-27 Sept.2014
15. Symposium on HIV/AIDS and Psychological Counselling on the World Aids Day-Dec 1st 2014.
16. Director, Training on `Counseling Plus` for supportive supervisors, June 18th to 20th organized by GFATM-7 Round & Dept. of Psychology, Andhra University, Visakhapatnam.
17. Director, Training on `Counseling Plus` for supportive supervisors, June 23rd to 25th organized by GFATM-7 Round & Dept. of Psychology, Andhra University, Visakhapatnam.
18. ICSSR Two Weeks Capacity Building Program, February 12th to 25th -2014 organized by Dept. of Psychology, Andhra University, Visakhapatnam.
19. National workshop on Research Methodology, February 24th to 26th, 2013 organized by Dept. of Psychology, Andhra University, Visakhapatnam.
20. National workshop on Behavior modification for special children, April 11th to 12th, 2012 organized by Dept. of Psychology, Andhra University, Visakhapatnam.
21. National symposium on Empowerment of socially disadvantaged: Challenges and Remedies, Dt: 16th Feb, 2011organized by Dept. of Psychology, Andhra University, Visakhapatnam.
22. Organizing secretary14th International and 45th National Conference of the Indian Academy of Applied Psychology (IAAP) on Quality of Life and Globalization: Effective Self-care Interventions From 18th to 20th February 2010 Andhra University
23. Organizing secretary, Gerontology International Synthesis conference from 12th to 14th, February 2009 Andhra University.

24. Director, International workshop on “Special Needs for Special Children” Department of Psychology, Andhra University. 25th February, 2008
25. Director, International Conference on Health Psychology and Counseling – Issues, Opportunities and Challenges. 13th to 15th November 2007. Department of Psychology, Andhra University, Visakhapatnam.
26. Director, International Symposium on “Conflicts for Personal Growth”. 13th July, 2007, Department of Psychology, Andhra University, Visakhapatnam.
27. Director, National Workshop on Behavior Technology and its Practical Implications, February 28th to 2nd March 2007. Department of Psychology, Andhra University, Visakhapatnam.
28. Director, National Workshop on Psycho Diagnostics in Mental Health, 1st and 2nd August 2007, Department of Psychology, Andhra University, Visakhapatnam.
29. Director, International Workshop on Rehabilitation of the Intellectually Disabled 1st December 2005, Department of Psychology, Andhra University, Visakhapatnam.

ACADEMIC MEMBERSHIP: 20

1. Academic Committee Member in National Institute of Public Cooperation and Child Development, New Delhi. (1997-98 and 1998-99)
2. Family Counseling Sub-committee Member in Family Counseling Center, Priyadarshini Service Organization, a non-profit Regd. A voluntary organization, Visakhapatnam. (Funded by Ministry of Women and Child Welfare, Govt. of India, New Delhi).
3. Academic Committee Member, Board of Intermediate Education, Hyderabad. Andhra Pradesh from 2003 onwards.
4. Member, Board of Research Studies, Dept. of Psychology and Parapsychology, Andhra University, Visakhapatnam from 1998 onwards.
5. Chairman, St. Teresa Degree College (Autonomous) Board of Research Studies, Eluru. 2008
6. Member, Board of Research Studies Environmental Science for Graduation course. Andhra University. 2006
7. Member, Board of Research Studies, Department of Psychology St. Joseph Women’s College Autonomous, Visakhapatnam. 2008-2009.
8. Chairman, St. Teresa Degree College (Autonomous) Board of Research Studies, Eluru. 2008

9. Member, Board of Research Studies, Department of Psychology St. Joseph Women's College Autonomous, Visakhapatnam.2008-2009
10. Member of the provisional Board of Research Studies (UG) in Environmental Sciences, Andhra University from 19-3-2006 to 18-3-2009.
11. Member, Board of Research Studies, Department of Psychology Bangalore University, Bangalore 2011 to date.
12. Paper setter cum Examiner (PhD), Department of Psychology Madras University
13. Paper setter, cum Examiner (PhD) Department of Psychology Bharathiar University
14. Paper setter, cum Examiner (PhD) Department of Psychology Tirupati University
15. Paper setter, Department of Psychology Nagarjuna University
16. Paper setter, cum Examiner (PhD) Department of Psychology Osmania University
17. Paper setter cum Examiner (PhD) Department of Psychology, Kerala University
18. Member, Board of Examiner P.G, Bangalore University
19. Academic Committee Member in National Institute of Public Cooperation and Child Development, New Delhi. (1997-98 and 1998-99)
20. Academic Board Member, Department of Psychology SDLC Kakatiya University 2007.

WORKSHOPS ATTENDED:

- Training on Invitation to the third batch of training on counseling plus, organized by Tata Institute of Social Science from 21-23rd January 2014, Calcutta.
- Dissemination Workshop organized by Tata Institute of Social Science from 19-20 May 2015, Mumbai.
- “Advanced Training in Counseling Skills and Techniques” conducted by Centre for Psychological Assessment and Counseling, Andhra University 2002
- Children Learning Disabilities and Behavioral Problems conducted by CPAC Andhra University 2002
- Management of Alcohol conducted by CPAC, Andhra University 2003
- “Behavioral Event Interview" organized by S.E.R.P, Hyderabad. 2003

PARTICIPATION IN ORIENTATION/ REFRESHER COURSES:

- Four-week orientation course organized by Academic Staff College, Andhra University from 04-03-1991 to 30-03-1991.
- Refresher Course Psychology on “Personality, Creativity & Psychotherapy” organized by Academic Staff College, Bharathiar University, Coimbatore, from 08-02-1994 to 28-02-1994.
- Refresher Course on Criminology and Forensic Science organized by the National Institute of Criminology and Forensic Science, Ministry of Home Affairs, Government of India, New Delhi from 04-02-1997 to 24-02-1997.

WORKSHOPS AND MANAGEMENT TRAINING PROGRAMS (RESOURCE PERSON):

More than 2000 including Public and Private sectors, Government, Educational Institutions, and NGOs. Stress management, Employee counseling (individual, group, family), Team building, Decision-making, Communication skills, Leadership, Motivation, Delegation, Interpersonal relations, Personal effectiveness, Personality development, Self-development, Group dynamics, Individual dynamics, Academic stress, Mental health, etc.

STUDENT WELFARE ACTIVITIES, CONSULTANCY, AND COMMUNITY AWARENESS ACTIVITIES THAN 6000 LECTURES

Counseling, Personality Development, Stress Management, Self-Confidence, Mental Health Lectures, Community Development and Awareness Programs: AIDS/HIV Programs, Social Welfare and Tribal Welfare Hostels, Engineering and Medical Colleges of Andhra Pradesh.