

PAPER- VIII (EDN: 08)  
Case Study & Life Skills Project  
[40 Instructional Hours – 40 Marks]

Objectives:

This project will enable the student teachers to:

- Major:*
1. Build the capacity to empower oneself
  2. Empower individual to live in a social context

*Minor:*

1. Understand the Child /Case in the Overall Context
2. Acquire Skills of Conducting Case Studies in Educational Institutions
3. Build Healthy Relationships & Friendships
4. Facing and Adjusting with Pressures and Making Right Choices
5. Foster Communicative Ability with Reference to Oral and Written Skills
6. Stand for One Self and to Cope with Pressures

Instruction:

1. Every student has to complete Case Study & Life Skills activities and both should be written in a single record.
2. No Two Students should select the Same Case for this Project Work.

Part –A Case Study

Every Candidate is to conduct a Case Study on any One of the Following Areas and Prepare a Case Report. The Candidates are expected to adopt the Following Tools for the Purpose of Conducting this Study.

1. Academic Backwardness
2. Adjustment Problems
3. Behavioural Problems
4. Children with Learning Disabilities
5. Children with Emotional Problems
6. Children with Health Problems
7. Neglected Children in the Classroom
8. Drop Outs / Out of School Children
9. Special Children (Physically / Mentally)

## 10. Gifted / Creative Children

1. Use of Appropriate Psychological Tests Relevant to the Case Study Such as Intelligence, Aptitude, Interests, Personality, Sociometry etc.
2. Interview, Observation etc., for Data Collection

The suggestive format for undertaking case study is as follows:

### Case Study Format

#### **A Introduction**

1. Statement of the Problem
2. Nature of Problem
3. Objectives

#### **B The Process of Data Collection**

1. Physical
2. Family Background
3. Health Conditions
4. School Record-Curriculum and Co-curricular Activities
5. Emotional Behaviour
6. Social Behaviour
7. Intellectual Behaviour
8. Personality Traits (Attitudes/Aspirations/Aptitudes)
9. Interests
10. Psychological Tests and their Interpretation
11. Any other Details

#### **C Reporting the Case**

1. Teachers Report
2. Parents Report
3. Peer Groups Report
4. Personal/Self/Child's Report

#### **D Investigator's Report/ Analysis of Data to Locate the Causes and Conditions**

1. Findings

#### **E Follow up Activity/Suggestions/Remedial Measures**

- a. For Students / Case

- b. For Parents
- c. For Teachers
- d. For Peer Groups
- e. For Others.

Part –B Life Skills Project

It is a Group Project. Each Group Constitutes not more than Five Student Teachers. Each Group has to Prepare and Record One Group Activities and One Individual Activities Covering all Ten Life Skills. This Project is designed to develop the Following Ten Life Skills.

1. Self-Awareness
2. Empathy
3. Problem Solving
4. Decision Making
5. Effective Communication
6. Interpersonal Relationships / Friendships
7. Creative Thinking
8. Critical Thinking
9. Coping with Emotions and
10. Coping with Stress

Proforma for Reporting the Activities.

S.No.	Activity undertaken	Individual/Group	Skills identified	Your role in it	Learning outcomes
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

### Evaluation:

At the time of showcasing, each student teacher has to showcase one (1) activity individually and any one (1) group activity by the whole group. A jury of two members will evaluate the Case Study and Life Skills project. The weightage to Part A and Part B of the project is 50: 50. On the whole the project is evaluated for 40 marks by 2 Jury members and an average of the 2 Jury members shall be awarded as final result.

### References

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